**2017 Fred Loya Track Invitational**

**Hosted by Eastwood HS**

**March 10th & 11th**

Deadline to enter athletes is Thursday, March 9th at 10am. Entries will be taken through **Runnercard.com** If you have any problems contact me **mmpre@hotmail.com**

**Instant Results will be posted on ehstrack.bravehost.com following each event, just click on the INSTANT RESULTS link at the top of the page. After the meet, results will also be posted on runnercard.com**

In an effort to speed the meet up, **NO** blocks will be allowed for the 400m on Friday, blocks **will be** allowed Saturday during finals. Other than the 3200m and the 4x200 **NO** other freshman running events will be on Friday, they will be timed finals on Saturday.

**\*\*Thursday March 9th Pole Vault starting at 3pm** (Girls 1st, followed by boys) **\*\***

Pole Vault- **All Girls** together at 3pm followed **by All boys** run together

**Friday March 10th**

3:00 pm ALL Field Events will have 3 prelim attempts and the top 8 marks will get 3 more attempts in finals.

**Throwing events will be held at East Point Elementary School we will have a shuttle bus transporting back and forth continually beginning at 2pm**

Long Jump- Varsity Boys, Open Boys, 9th Boys

Triple Jump- Varsity Girls, Open Girls, 9th Girls

Shot Put- Varsity Boys, Open Boys,9th Boys

Discus- Varsity Girls, Open Girls, 9th Girls

High Jump- 9th Boys, JV Boys, Varsity Boys

3:00 pm Running Events (in this order 9th G, Open G, Varsity G,9th B, Open B, Varsity B)

**3200m- All Divisions (Final)**

100m Hurdles

110m Hurdles

100m

**4x2 Timed Finals ALL DIVISIONS**

400m (No blocks for prelims)

300m Hurdles

200m

As always the Fred Loya Family is going to keep coaches well fed on Friday as well as Saturday with a great breakfast and lunch. They have also made sure that all levels freshman to varsity get very nice medals and Mr. Loya, like in the past will be taking photos and sending them to coaches after the meet.

We will **score 1st through 8th place**, so every athlete in finals will score points for their team. We will allow **UNLIMITTED** entries in the 3200 and 1600m races. If you have an athlete that has no events due to the 3 person per event limit, please email me the name, division and 1 event you would like this athlete to compete in. If you have a wheelchair athlete, please let me know so I can create the division and event on runnercard.

**Saturday March 28th**

**Throwing events will be held at East Point Elementary School we will have a shuttle bus transporting back and forth continually beginning at 7:45am**

8:30 am Field Events

All Field Events will have 3 prelim attempts and the top 8 marks will get 3 more attempts in finals.

High Jump- 9th Girls, JV Girls, Varsity Girls

Long Jump- Varsity Girls, JV Girls, 9th Girls

Triple Jump- Varsity Boys, JV Boys, 9th Boys

Shot Put- Varsity Girls, JV Girls, 9th Girls

Discus- Varsity Boys, JV Boys, 9th Boys

8:30 am Running Events

All Freshman races will be timed finals

1600m 9th & Open

4x100m Relay Timed Finals

800m Timed Finals

100m Hurdles

110m Hurdles

100m

400m (Blocks **WILL** be allowed)

300m Hurdles

200m

1600m

1600m Relay-Timed Finals

**Working Assignments**

High Jump Girls & Boys- ***Americas***

Long Jump Girls & Boys-***Bel Air G & Coronado B***

Triple Jump Girls & Boys-***El Dorado***

Shot Put Girls & Boys-***Montwood***

Discus Girls & Boys- ***San Eli G & Pebble Hills B***

Pole Vault Girls and Boys- ***Eastwood***

4x1,4x2 exchanges ***Tornillo & Faith Christian***

Timing- ***Eastwood***