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|  | RAWLINS TRACK INVITE SPONSORED BY RAWLINS HIGH SCHOOL Wednesday, April 22, 2015FEES: $50 for Girls $50 for boys- $100 per schoolAwards: Medals for 1st, 2nd, 3rd, ribbons for 4th, 5th & 6th.•',Relay- Medal 1st -Ribbons 2nd thru 6th placeEntries Due: Wednesday, April 22, 2015 by 8:00 a.m. on runnercard.comVarsity meet unlimited entries.Running Events: All events will be timed finals. Girls will run followed by boys' events.FIELD EVENTS -1:30 PM BOYSSHOTPUT GIRLS TRIPLE JUMP GIRLS DISCUS BOYS HIGH JUMPBOYS LONG JUMP GIRLS/BOYS POLE VAULTImmediately followed by:BOYS DISCUS GIRLS LONG JUMP GIRLS SHOT PUT GIRLS HIGH JUMP BOYS TRIPLE JUMPRUNNING EVENTS -2:00 PM3200 MRelay Finals Girls Alleys 1 Turn Stagger3200 MRelay Finals Boys Alleys 1 Turn Stagger100MIH Finals GirlsllOMHH Finals Boys lOOM Dash Finals Girls100M Dash Finals Boys1600MRun Finals Girls Alleys 1 Turn Stagger1600MRun Finals Boys Alleys 1 Turn Stagger400MRelay Finals Girls400M. Relay Finals Boys400MRun Finals Girls400MRun Finals BoysWeightman Relay (no team points will be scored)300MLH Finals Girls300MIH Finals Boys800MRun Finals Girls Alleys 1 Turn Stagger800MRun Finals Boys Alleys 1 Turn Stagger200M Dash Finals Girls200M Dash Finals Boys3200 Meter Run Girls and Boys1600 MRelay Finals Girls Alleys 3 Turn Stagger1600 MRelay Finals Boys Alleys 3 Turn Stagger |  |
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RAWLINS TRACK INVITE

FIELD EVENTS

FIELD EVENTS Will BEGIN AT 1:30 p.m.

1. Shot and discus throwers will be placed in flights. Each thrower will complete four (4) throws- 2-1-1set-up. No finals.

2. Long Jump and Triple Jump competitors will be placed in flights. Each jumper will receive four {4) jumps. No finals.

3. In the High Jump and Pole Vault, each competitor will receive three {3)

attempts at each height as they remain in the competition.

4. Pole Vault Starting Height: Boys- 7' Girls- 6'

5. High Jump Starting Height: Boys- 5' Girls- 4'

\*These heights may be adjusted at the request of coaches before the meet starts if we agree that the heights are too high or too low

Rawlins High School Rawlins Invitational Track Meet April 22, 2015

Rawlins High School

Activities Office

1401Colorado Street

Rawlins, WY 82301

307-328-9280

307-328-9286 (Fax)

Rawlins Invitational Track Meet

April 22, 2015

Total Due: $100.00 per Team

Girls Team $50.00

Boys Team $50.00

PLEASE MAKE CHECK PAYABLE TO RAWLINS HIGH SCHOOL ACTIVITIES.

Please attach a copy of this statement to your voucher as a bill and/or receipt also attach a copy with your payment.