### **Del Valle High School** Track & Field Invitational 2015

#### Hello Coaches:

Welcome to the Del Valle Track and Field Invitational. We are excited to be kicking off the 2015 track and field season. Please use runnercard.com to submit your entries.

Entries will close on Thursday, February 12<sup>th</sup> at 12:00 noon.

Please do not put times or distances as this is the first meet of season.

All 9th open sprint events will be Timed Finals on Friday. Random Seeding All JV open sprint events will be Timed Finals on Saturday. Random Seeding Varsity will run prelims on Friday and Finals on Saturday.

#### THURSDAY: 3:30PM

#### Pole Vault will be at Bel Air HS – Girls followed by Boys

Due to limited lighting on Friday, shot and disc will begin as soon as all throwers are checked in and warmed up. Please ask your throwers to report to the throwing rings as soon as they arrive at the meet. Throwers will throw the first round in the order they appear on the sheet, second and third throws will be thrown consecutively.

FRIDAY		SATUNDAT	
3:30 PM FIELD E	VENTS:	8:30 AM FIELD EVENTS	
Triple Jump Girls	$V, JV, 9^{TH}$	Triple Jump Boys	V, JV, 9 <sup>th</sup>
Long Jump Boys	V, JV, 9 <sup>TH</sup>	Long Jump Girls	V, JV, 9 <sup>th</sup>
High Jump Boys	$JV, V, 9^{TH}$	High Jump Girls	JV, V, 9 <sup>th</sup>
Shot Put Boys	$V, JV, 9^{TH}$	Shot Put Girls	V, JV, 9 <sup>th</sup>
Discus Girls	V, JV, 9 <sup>TH</sup>	Discus Boys	$V, JV, 9^{th}$
If numbers newsit	Othand IV will be		

If numbers permit, 9<sup>th</sup> and JV will be combined in ALL events.

Varsity 3 throws, then finals 9<sup>th</sup> and JV 3 throws only.

#### 3:30 PM RUNNING EVENTS:

#### 9<sup>th</sup> (G/B) TIMED FINALS, V (G/B) PRELIMS

9<sup>TH</sup> & JV will be 3200m Run combined if number permits

100H 9<sup>th</sup> will roll over if varsity does 110H 9<sup>th</sup> will roll over if varsity does

100M 400M

300H 9<sup>th</sup> will roll over if varsity does

200M

## **Worker Assignments**

#### Please bring your own tape measure!

•	Long Jump	El Dorado
•	Triple Jump	Andress
•	High Jump	Eastwood
•	Shot Put	Americas
•	Discus	Socorro
•	Pole Vault	Bel Air

Relays

•	Triple Jump	Andress
•	High Jump	Eastwood
•	Shot Put	Americas
•	Diggue	Cocorro

# Fabens/Mt. View/Ysleta

# 8:30 AM RUNNING EVENTS

# JV (G/B) TIMED FINALS,

V (G/B) FINALS

CATUDDAV

9<sup>TH</sup> and JV only 1600M

400M Relay 800M 100H 110H

800M Relay

400M 300H 200M

1600M Varsity Only

1600M Relay