



2017 Okie Blanchard Invite Track Meet



Schedule of Events

9:30 a.m. Coaches Meeting – Hospitality Room

9:30 a.m. Weigh-ins

1. Weigh-ins for shots, discs.
2. Coaches fill out pole vault weight verification cards.

Field Events

10:00 a.m. 1. Girls and boys pole vault run together. Girls start at 6'6", and boys at approximate bar height.

- 10:00 a.m. 2. Girls discus followed by boys discus.
3. Boys triple jump followed by girls triple jump.
4. Girls high jump followed by boys high jump.
5. Boys shot put followed by girls shot put.
6. Girls long jump followed by boys long jump.

Track Events

We will try to run ahead of schedule if possible. Order of races will be:

1. Girls JV
2. Girls Varsity
3. Boys JV
4. Boys Varsity

10:30 - 3200 M Relay – 1 heat girls, 1 heat boys
11:00 - 100 M girls high hurdles
11:25 - 110 M boys high hurdles
12:00 - 100 M Dash
12:35 - 1600 M Run
1:20 - 400 M Relay
1:40 - 400 M Dash
2:10 - 300 M Intermediate Hurdles
2:55 - 800 M Run
3:25 - 200 M Dash
4:05 - 3200 M Run
4:45 - 1600 M Relay