

2015 USATF San Diego-Imperial Association Outdoor Track & Field Championships SATURDAY, JUNE 13, 2015 (FRIDAY JUNE 12TH - DEC/HEP DAY 1)



USOC Olympic Training Center, Chula Vista, CA

VENUE: USOC Olympic Training Center (OTC), site of USATF's High Performance Training Team. Run on the

brand new Track. The number #1 training, testing facility in the world!

AWARDS: Cash awards for Men 200, Women 100, Women PV, and Men & Women 1500. See last page.

EVENTS: Men's 110m Hurdles Men's Discus Women's 100m Hurdles

Men's 400m Hurdles Men's Triple Jump Women's 400m Hurdles Men's 100 meters Women's100 meters Prize Men's Javelin Men's 200 meters Prize Men's Shot Put Women's 200 meters Men's 400 meters Men's Pole-Vault Women's 400 meters Men's 800 meters Women's Triple Jump Women's 800 meters Men's 1500 meters Prize Women's Discus

Men's 1500 metersPrizeWomen's DiscusWomen's 1500 metersPrizeMen's 5000 metersWomen's JavelinWomen's 5000 metersMen's High JumpWomen's Shot PutWomen's High Jump

Men's Long JumpWomen's Pole-Vault PrizeWomen's Long JumpMen's DecathlonMen's & Women's HammerMen's Women's 5k RW

Women's Heptathlon

TIMING: Fully automatic timing by Finish Lynx.

ENTRY FEE: \$25.00 per athlete. (Unlimited events)

USATF MEMBERSHIP: All competitors must be a 2015 member of USA Track & Field. Athletes can register on-line or purchase

membership at the meet for the annual fee of \$30.00 https://www.usatf.org/membership/application
(There is an additional \$5 processing fee for issuing USATF memberships for residents of Associations

outside Southern California.)

ENTRY PROCEDURE &

DEADLINE:

All pre-meet entries must be made on-line at <u>WWW.RunnerCard.com</u>. On-Line entries close on June **10, 2015, 11:59pm.** Athletes must be entered as "unattached" if they are not members of a USATF-

registered club.

LATE ENTRIES: Please note the late entry fee is an additional \$20.00.

ATHLETE CHECK-IN: RUNNING EVENTS: 45-minutes prior to the scheduled start of each running event, competitors must

check-in at the **CLERKS TENT to declare**—after which those who have not checked-in will be <u>scratched</u>. 20 minutes prior to each running event, runners must return to the Clerk to pick-up their <u>hip number</u> and

heat assignment.

FIELD EVENTS: 45-minutes prior to the event, competitors much check-in with the Head Judge.

CERTIFICATION OF

IMPLEMENTS:

Throwing implements will be certified at official's tent.

PARKING: Parking is free.

RESULTS: Copies of results will be posted event by event and after the meet at www.sdusatf.org

Contact for Additional Information:

Wes Williams, Co- Meet Director
Men's Track & Field, SDUSATF
Tel (760) 855-1440

Adam Henderson, Co-Meet Director
Women's Track & Field, SDUSATF
Tel (619) 370-8707

E-Mail: <u>hrdl4me@aol.com</u> E-Mail: <u>AHende400@yahoo.com</u>



2015 USATF San Diego-Imperial Association Outdoor Track & Field Championships HEP/DEC FRIDAY/SATURDAY, JUNE 12-13, 2015



USOC Olympic Training Center, Chula Vista, CA

TIME SCHEDULE OF EVENTS

Day 1

9:00 am	Men's Decathlon Start	10:00 am	Women's Hepthalon Start	
	100m		100m Hurdles	
	Long Jump		High Jump	
	Shot Put		Shot Put	
	High Jump		200m	
	400m			

Day 2

10:00 am	Men's Decathlon Start	11:00 am	Women's Hepthalon Start	
	110m Hurdles		Long Jump	
	Discus		Javelin Throw	
	Pole Vault		800m	
	Javelin Throw			
	1500m			



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SATURDAY, JUNE 13, 2015

USOC Olympic Training Center, Chula Vista, CA

TIME SCHEDULE OF EVENTS

8:30am	Men's 10k & Women's 5k RW		
1:00pm	Men's 5000 meters		
1:20pm	Women's 5000 meters	1:00pm	Women's Javelin
1:40pm	Women's 100M Hurdles	1:00pm	Women's Pole Vault
1:50pm	Men's 110M Hurdles	1:45pm	Men's Javelin
2:05pm	Men's 400 meters	2:00pm	Men's Long Jump
2:15pm	Women's 400 meters	2:00pm	Women's High Jump
2:25pm	Men's 100 meters	2:30pm	Women's Shot Put
2:35pm	Women's 100 meters	2:30pm	Men's Pole Vault
2:45pm	Women's 1500 meters	2:45pm	Women's Long Jump
2:55pm	Men's 1500 meters	3:00pm	Men's High Jump
3:10pm	Women's 400M Hurdles	3:15pm	Men's Shot Put
3:20pm	Men's 400M Hurdles	3:35pm	Men's Triple Jump
3:35pm	Women's 200 meters	3:45pm	Women's Discus
3:50pm	Men's 200 meters	4:15pm	Women's Triple Jump
4:05pm	Women's 800 meters	4:30pm	Men's Discus
4:15pm	Men's 800 meters	5:00pm	Women' Hammer
4:25pm		5:45pm	Men's Hammer
4:45pm			

Directions & Maps

Directions to the USOC Olympic Training Center

2800 Olympic Parkway

Chula Vista, CA 91915

Directions to USOC Olympic Training Center;

 $\frac{\text{http://maps.google.com/maps/place?ftid=0x80d94452b8f9d265:0xb22fd9ba221256d2\&q=2800+olympic+parkway\&hl=en\&ved=0CA0Q-gswAA\&sa=X\&ei=AWhATtXnM5GEzgS4jLT1Dg}$

FROM THE NORTH:

Traveling south on I-5, merge onto the 805fwy south. Proceed south on 805fwy 18 miles to the City of Chula Vista. Exit off-ramp at Olympic Parkway and turn left (east). Follow Olympic Parkway for 7 miles. Olympic Parkway ends at the USOC Olympic Training Center on your right. Parking will be at the first "Visitor's Gate".

FROM THE EAST:

Traveling west on I-8, take the 805fwy south off-ramp. Proceed south on the 805fwy 13 miles to the City of Chula Vista. Exit off-ramp at Olympic Parkway and turn left (east). Follow Olympic Parkway for 7 miles. Olympic Parkway ends at the USOC Olympic Training Center on your right. Parking will be at the first "Visitor's Gate".

FROM THE AIRPORT:

Start out going East towards Airport Exit. Turn left onto N. Harbor Drive. Follow N. Harbor Drive to Grape St. Turn left onto Grape St. and follow east to 5fwy. Take 5fwy south and proceed for 7 miles. Merge onto CA-54 east and follow for 3 miles. Merge onto 805fwy south and follow for 7miles. Exit off-ramp at Olympic Parkway and turn left (east). Follow Olympic Parkway for 7 miles. Olympic Parkway ends at the USOC Olympic Training Center on your right. Parking will be at the first "Visitor's Gate".

PRIZE MONEY

Total Prize Purse: \$2,350

Awarded Event

Men's 200 Meters Women's 100 Meters Women's Pole Vault

Prize Breakdown

1st - \$200 2nd -\$150 3rd - \$100

Premier Event

Men's 1500 Meters Women's 1500 Meters

Prize Breakdown

\$1000 for Men, and \$1000 for Women

How the 1500m prize is awarded:

Athletes must run in two meets.

The first meet is:

2015 USATF West Region Championship/ Jim Bush Invitational

June 6, 2015

Cerritos, College in Norwalk California

Meet info: www.scausatf.org/sports/track-field/jim-bush/

The second meet is:

2015 USATF San Diego Imperial Association Championship

June 13, 2015

United States Olympic Training Center, Chula Vista, Calif.

Meet info: www.sdusatf.org/tandf/2015 SDIAssoChampsInfo.pdf

Athletes must run in both meets:

The male and female athletes with the lowest combined 1500m times from West Region Association Championship and the San Diego Association USATF Championship Meet will each win \$1000 (thus, to win, an athlete must participate in both meets).

Athletes must be registered members of USATF