
GRIZZLY INVITATIONAL

April 15, 2017

State Qualifying Track and Field Meet

Logan High School in Logan, Utah



\$70 per team or \$150 boys and girls teams
\$5 per individual event

Each team will be allowed four entries per event and one relay per relay event.

Awards will be given to the top six finishers in individual events and the top team in relays.

Team Trophies will be given to the top three teams combining girls and boys points.

GENERAL MEET INFORMATION

- Registration must be complete by April 8th with Runnecard.com
- Athletes are limited to four events
- Timing will be FAT in all events
- Opening heights and minimal marks in the throws will be set at or close to BYU Invitational qualify marks for the 1A-2A schools.
- Throwers and jumpers will be allowed three tries (top nine to finals)
- Events such as the triple jump, 4x800m and the 4x200m will be added to provide Idaho and Wyoming schools a chance to get a mark in those events.

For Questions Regarding the Meet Please Contact:

Eric Strand

Email:

eric.strand@loganschools.org

The Following are the starting heights and minimum throws for the field events

Minimum throws (first legal throw/jump will be measured if minimum is not been reached)

Girls HJ- 4'02", Boys HJ - 5'04", Girls Pole Vault- 6' 00", Boys Pole Vault - 9' 00"

Girls Long Jump - 12', Boys Long Jump - 17', Girls Discus 80', Boys Discus 100'

. Girls Javelin 70', Boys Javelin 90', Girls Shot 25', Boys Shot 33'



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Running Events

Starting at 9:00 A.M.

4 x 800 m*

4 x 200m*

3200m run

100 Hurdles

110 Hurdles

100 meters dash

400 meters

4 x 100 meters

Steeple Chase (no water pit)*

300 meter Hurdles

800 meter run

Medley Relays

200 meters

1600 meters

4 x 400 meters

4 x100 Weight Relay*

Field Events

The gender listed will start
then the next will start.

Starting at 8:30 A.M.

Weigh-in on the west side of the track
behind the bleachers at 8:00 A.M.

Javelin (Girls)

Discus (Boys)

High Jump (Girls)

Long Jump (Boys)

Triple Jump (Girls)*

Shot Put (Girls)

Pole Vault (Girls, Boys)*

*Expedition Events
