

**Track and Field Schedule of Events**

Sprint Medley

100m Hurdles

100m

1600m

4x100m Relay

400m

300m Hurdles

800m

200m

3200m

4x400m Relay

\*Girls first, then boys

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Boys Shot

Boys Long Jump

Girls High Jump

Girls Javelin

Boys Javelin

Girls Discus

Boys High Jump

Girls Long Jump

Girls Shot

Boys Discus