Track Schedule and order of Events

2:30 Coaches meeting (finish Line)

3:00 Meet Starts (rolling schedule)

All events will be girls followed by boys on the track

Medley

1600

100 h

110H

100 M Dash

4x100

400

300 H

800

200

3200

4x400

Girl’s discus

Girls Javelin

Boys Shot

Boys Long Jump

Girls High Jump