2023 Blue Mountain Invitational

**Weigh-ins: 2:30 pm Coaches meeting: 2:45 pm**

**Running Events Field Events**

**START TIME: 3:00 pm START TIME: 3:00 pm**

3200 M Girls High Jump

Medley Relay Girls Discus

100 M Hurdles Boys Long Jump

110 M Hurdles Boys Shot Put

100 M Boys Javelin

4x100 M Relay 400 M

300 M Hurdles **Field Events**

800 M **START TIME**: (approximately

200M 4:30 pm. We will start as soon as the

1600 M above event is complete.)

4x400 M Relay

Boys High Jump Boys Discus Girls Long Jump Girls Shot Put Girls Javelin