## 2014 NEBO INVITATIONAL FRIDAY SEPTEMBER 26<sup>TH</sup> 2014 SALEM HILLS HIGH SCHOOL

Cost:	\$45.00 per team (\$90.00 per school) OR \$5 MAKE CHECKS PAYABLE TO SALEM HI SCHOOL.	· · · · · · · · · · · · · · · · · · ·	
Schedule:	Frosh/Soph JV Girls Race (if necessary) Frosh/Soph JV Boys Race(if necessary) Jr/Sr JV Girls Race Jr/Sr JV Boys Race Varsity Girls Race Varsity Boys Race	3:30pm 4:00pm 4:30 pm 5:00 pm 5:30pm 6:00pm	
Registration:	Registration will be online at <u>www.runnercard.com</u> . Please enter a few members of your team ASAP to RSVP. Registration will close at midnight on Tue, September 23 <sup>rd</sup> .		
Awards:	Medals for the top 15 varsity runners Medals for the top 10 JV runners		
Trophies:	1 <sup>st</sup> and 2 <sup>nd</sup> place varsity teams		
Directions:	<ul> <li>Salem Hills High School 150 N. Skyhawk Blvd. Salem, UT 84653</li> <li>From the North: Exit I-15 at the Spanish Fork Exit 257. Turn left (South) onto Spanish Fork Main St/UT-156. Continue South through Spanish Fork and into Salem. The high school is on the right side of the road.</li> <li>From the South: Exit I-15 at the Payson Exit 250. Turn Right onto Payson Main St. Turn LEFT onto E 100 N/STATE RD/UT-198. Stay on State Rd into Salem. The high school is on the left side of the road.</li> </ul>		

**Contact info:** Please **contact Bart Thompson or Jen Hughes** if you have any questions:

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