# BEES Invitational 2019 

## Date \& Time:

Friday, April $26^{\text {th }}$ at $3 p m$

## Location:

Box Elder High School
380 S 600 W Brigham City, UT 84302

## Teams:

Limited to the following Teams: Box Elder, Fremont, Ogden, Sky View, Hunter, Green Canyon, Olympus, Bear River, Mt Crest, Hillcrest, Ridgeline and West Side.

## Meet Information

1. This is a state qualifying meet.
2. You will be in charge of one event at the meet and help with relays.
3. There will be a $\$ 50$ entry fee per school plus run one event. Make checks out to 'Box Elder High School.'
4. Entries are due on runnercard on Thursday, April $25^{\text {th }}$ by $9: 00 \mathrm{pm}$.
5. Each team will be allowed to enter 5 athletes per event.
6. There will be a 1st place overall team trophy for both the boys and girls.
7. Starting Heights
i. High Jump- Boys- 5-04; Girls- 4-04
ii. Pole Vault- Boys- 8-06; Girls-6-00 (We have old pole vault pits but they are still usable.)
iii. Minimum marks for throwing and long jump will be established.
8. All running events will be a timed final. Lane assignments will be determined by times submitted.
9. Athletes must report to their event at first call. For running events, they must report to the starting line of their event.
10. Athletes may warm up for running events inside the track. For throwing events athletes will need to warm up in the event location.

Event schedule (we will run through the events as quickly as possible)

Coaches Meeting prior to the start of the meet. Listen for the announcement.

Field Events
3:00- Boys Shot Put/Girls to follow
3:00- Girls Javelin/Boys to follow
3:00- Girls Discus/Boys to follow
3:00- Girls High Jump/Boys to follow
3:00- Boys Long jump/Girls to follow
3:00- Girls Pole-vault/Boys to follow
Track Order of Events (Girls will run first in each event)
Events begin at 3pm
$100 \mathrm{~m} / 110 \mathrm{~m}$ Hurdles
100m Dash
1600m Run
4x100m Relay
400 m Dash
300 m Hurdles
800m Run
Medley Relay
200m Dash
3200m Run Seeded Race
$4 \times 400 \mathrm{~m}$ Relay
3200m Run Non-Seeded Race

