**UTAH COUNTY**

**TRACK & FIELD**

**2012 INVITATIONAL**

Mountain View High School will host this state qualifying meet on Friday April 20th and Saturday April 21st. This past summer, Atlas Track Co. put in a new polyurethane upgraded surface. Only ¼” spikes, or shorter will be allowed on all track surfaces. Registration will be completed by Wednesday April 18th at 11:59pm on runncard.com. Registration fees are $75 per team (girls or boys), $150 per school, or $10 per athlete, and $16 per relay. Athletes will be allowed to compete in 4 events including relays. Only register 1 relay team per school, and 5 entries per event. Top 3 athletes receive a medal, along with each member of the top relay team, (top 6 places receive a T-shirt). Trophies will be awarded to the top 2 girls and boys teams. Scoring will be the top 8 finishers in all events. In all lane races (400m down) we will have preliminary heats with the top 8 finishers, regardless of heat advancing to the finals. The distance races will be a seeded final. The top 9 athletes in the field events will advance to the finals (3 preliminary trials and 3 additional attempts in finals). Please enter fully automated times and marks into registration for seeding purposes.

**\*The pole vault will not be contested**.\*

All spectators 12 and up will be charged $1 admission. Coaches’ passes will be honored.

Along with the track, all long jump runways and the high jump surface are new. Javelin will be a grass approach, shot put and discus rings are cement. The following are minimum marks-

Long Jump (G)- 12’, (B)- 17’

Shot Put (G)- 28’, (B)- 35’

Discus (G)- 75’, (B)- 110’

Javelin (G)- 60’, (B)- 115’

High Jump starting height (G)- 4’7, (B)- 5-6’ and will be raise 2” each time depending on remaining athletes and/or 1” depending on each classification’s state qualifying standard.

Please let me know if you are planning on competing and would like to help out in any way.

Thanks,

Coach Mike Hunter

mhunter@alpinedistrict.org

School- 801-227-2400 ext 153

Cell-801-602-8624

**Schedule:**

All running events will start with girls followed by the boys.

Friday April 20th- Start time 3:30pm

1600m (Finals)

100/110m Hurdles

100m

400m

300m Hurdles

200m

Field Events-

Long Jump- Girls, High Jump- Boys, Shot Put- Girls, Discus- Boys, Javelin- Girls

Saturday April 21st- Start time 9am

3200m (Finals)

100/110m Hurdles

100m

400m

4x100m Relay

300m Hurdles

800m (Finals)

Medley Relay

200m

4x400m Relay

Field Events-

Long Jump- Boys, High Jump- Girls, Shot Put- Boys, Discus- Girls, Javelin- Boys