**Region 15 Championships**

**Running Events Field Events**

**10:00 Girls 3200 meter 10:00**

**10:15 Boys 3200 meter Girls Long Jump**

**10:30 Girls 100 meter hurdles Boys High Jump**

**10:45 Boys 110 meter hurdles Girls Discus**

**11:00 Girls 100 meters Boys Shot**

**11:10 Boys 100 meters Boys Javelin**

**11:20 Girls 4X100**

**11:30 Boys 4X100**

**11:40 Girls 400 meter**

**11:50 Boys 400 meter**

**12:05 Girls 300 hurdles**

**12:15 Boys 300 hurdles**

**12:25 Girls 200 meters**

**12:35 Boys 200 meters**

**Lunch Break**

**1:30 Girls 1600 meters 1:30**

**1:40 Boys 1600 meters Girls High Jump**

**1:55 Girls 100 meter hurdle finals Boys Long Jump**

**2:00 Boys 100 meter hurdle finals Boys Discus**

**2:05 Girls 100 meter finals Girls Shot**

**2:10 Boys 100 meter finals Girls Javelin**

**2:15 Girls 400 meter finals**

**2:20 Boys 400 meter finals**

**2:25 Girls 300 meter hurdle finals**

**2:30 Boys 300 meter hurdle finals**

**2:45 Girls 800 meter run**

**2:50 Boys 800 meter run**

**3:05 Girls Medley Relay**

**3:15 Boys Medley Relay**

**3:20 Girls 200 meter finals**

**3:25 Boys 200 meter finals**

**3:35 Girls 4X400 meter relay**

**3:45 Boys 4X400 meter relay**