**Region 15 Championships**

**Running Events Field Events**

**10:00 Girls Medley Relay 10:00**

**10:10 Boys Medley Relay Girls High Jump**

**10:25 Girls 100 meter hurdles Boys Long Jump**

**10:35 Boys 110 meter hurdles Girls Discus**

**10:50 Girls 100 meters Boys Shot**

**10:55 Boys 100 meters Boys Javelin**

**11:10 Girls 400 meter**

**11:15 Boys 400 meter**

**11:25 Girls 3200 meter**

**11:40 Boys 3200 meter**

**11:55 Girls 4X100 relay**

**12:05 Boys 4X100 relay**

**12:20 Girls 300 hurdles**

**12:30 Boys 300 hurdles**

**12:45 Girls 200 meters**

**12:55 Boys 200 meters 1:45**

**Lunch Break Girls Long Jump**

**1:45 Girls 100 meter hurdle finals Boys High Jump**

**1:50 Boys 100 meter hurdle finals Boys Discus**

**1:55 Girls 100 meter finals Girls Shot**

**2:00 Boys 100 meter finals Girls Javelin**

**2:05 Girls 800 meter finals**

**2:10 Boys 800 meter finals**

**2:25 Girls 400 meter finals**

**2:30 Boys 400 meter finals**

**2:45 Girls 300 hurdle finals**

**2:50 Boys 300 hurdle finals**

**3:05 Girls 200 meter finals**

**3:15 Boys 200 meter finals**

**3:20 Girls 1600 meter**

**3:40 Boys 1600 meter**

**4:00 Girls 4X400 meter relay**

**4:10 Boys 4X400 meter relay**