## Grand County High School 16th annual RED ROCK INVITATIONAL Wednesday August 30, 2017

Greetings Cross-Country Coaches,

Grand County High School would like to invite you to attend the 17<sup>th</sup> annual Red Rock Invitational to be held on Wednesday August 30<sup>th</sup>, 2017 at the beautiful Moab Golf Club. We also invite junior high and/or middle school cross-country teams to attend our meet.

## **Meet Details**

Date: Wednesday August 30, 2017

**Location:** Moab Golf Club

2705 S East Bench Road

Moab, Utah

**Course:** Runners will enjoy outstanding scenery on their route through green grass, cart

paths, and the infamous "gut check" hill. Spikes not recommended. The Junior

High course is 1.5 miles while the High School course is 3.1 miles.

This course is spectator friendly.

**Restrooms:** Restrooms are available but there are no locker rooms. Athletes should come

dressed to run!

**Time Schedule:** 2:00 - 3:00 pm – Team check-in / course maps distributed

3:00 pm – Jr. High Boys 4:00 pm – ALL H.S. Boys 3:30 pm – Jr. High Girls 4:30 pm – ALL H.S. Girls

5:15 Awards Ceremony

**Awards:** Individual: Medals for 1st – 3rd boys and girls for all races

Ribbons for 4<sup>th</sup> – 10<sup>th</sup> boys and girls for all races

Team: Trophies for 1st place boys and girls teams for all races

Cost: \$80 per school (HS and Jr. High) or \$5 per runner. Please bring fee with you on

race day or mail fee prior to race day. There is no charge for Utah Region 15

Schools.

**Registration:** Please register your team on RunnerCard.com by Monday evening August 28

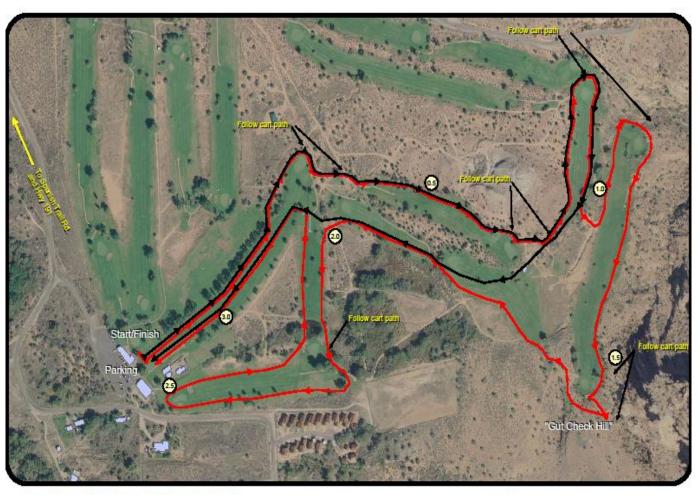
at 9:00 PM. Runner name stickers will be provided based on the registrations.

**Contact:** Grand County High School

Attn: Randy Martin – Cross Country Coach

608 South 400 East Moab, Utah 84532 435-259-8931 (school) 435-260-2680 (cell)

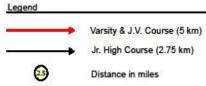
Thanks! We look forward to seeing all of you!!!



## 8th Annual Red Rock Invitational

August 23, 2008 - Moab Golf Club

RACE COURSE MAP



Note: NO RUNNING, WALKING, OR STRETCHING ON GREENS OR TEE BOXES AT ANY TIME.