## **2017 Rocky Mountain Track & Field Meet**

**To:** Track Coaches (Riverside, Greybull, Lovell, Burlington, Rocky Mountain).

**From:** Rod Winland-Meet Director

**RE:** 2017 Rocky Mountain Track Meet

## Date of Meet: Saturday, April 1,2017

*Time:* The meet will begin at **9:00 a.m** with the Scratch Meeting beginning at **8:30 a.m** in the crow's nest above bleachers. Implement weigh-in will begin at **8:30am** on the south side of the concessions.

Field Events: Report at 8:30 a.m These events start at 9:00 a.m

Boys Long Jump

Girls Shot

Boys Shot

- Boys High jump Boys Discus
- Girls Triple Jump
- Girls Pole Vault

Report to these events after the completion of the above events:

- Boys Triple Jump
- Girls Long Jump Girls Discus
- Girls High Jump
- Boys Pole Vault

## \*3200 Meter Run will begin at 9:00

- Track Running Events: 10:45 a.m.
  - > 2200 M P
  - ➤ 3200 M Relay
  - > 100 m Int. Hurdles
  - $\succ$  110 M High Hurdles
  - ➤ 100 M Dash
  - ≻ 1600 M Run
  - ➤ 400 M Relay
  - ≻ 400 M Run
  - ➤ 300 M Low Hurdles
  - ➤ 300 M Int. Hurdles
  - ≻ 800 M Run
  - ➤ 200 M Dash
  - ➤ 1600 M Relay

