MORGAN INVITATIONAL

STATE QUALIFYING TRACK and FIELD MEET April 24, 2021

PLACE: Morgan High School Track Stadium: Morgan High School, 240 East Young Street, Morgan Utah 84050

AWARDS: Individual medals for places 1-2-3-4-5-6. Trophy for 1st and 2nd Place Boys & Girls teams

Entry Fee: \$5 per athlete per event and \$20 for each relay. (\$75 maximum per team or \$150 per school.) **Make checks out to "Morgan High School"

SURFACE: Rubberized track, please use only ¼" (or shorter) pyramid spikes. Shot Put and Discus rings are concrete. Javelin runway is grass. High Jump and Long Jump runways are rubberized surface.

REGISTRATION & RESULTS: <u>www.runnercard.com</u>

General Meet Information:

- 1. E-mail us at bfuller@morgansd.org if you are interested in attending the meet. Enter all entries on runnercard.com by Thur April 22nd @ 6 pm.

 Athletes must check in prior to all events and receive heat and lane assignment in the bullpen. Field event athletes must check in with the event judge.
- 2. All throwing implements will be weighed and certified according to the NFSHA rules. Javelins must be the IAAF Javelin.
- 3. Automatic timing system will be used for all races (timed finals).
- 4. Individual entries are limited to four events per athlete; 5 participants per event and 1 relay team per event.
- 5. Throwers and Jumpers will be allowed three tries (top nine to finals).
- 6. Schools should dress prior to arrival. Locker room will not be available; restrooms are available.
- 7. Questions concerning the meet should be directed to Bryan Weir at bweir@morgansd.ord or Brennen Fuller: bfuller@morgansd.org

More information on page 2

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7:15am-8:15am Implement Weigh-in

8:00 am Coaches meeting

Schedule of Events

Running Events: 8:30 am

3200 m

100m/110 m Hurdles

100 m

4 x 200m Relay

1600m

4 x 100m Relay

400 m

4 x 800m Relay

300 M Hurdles

800 m

200 m

Medley Relay 4 x 400 m Relay

*All running events will go girls first then boys.

*5 participants per event and 1 relay from each school per event.

Field Events: 8:30 am Boys Shot (35 ft. min)

Boys High Jump (starts at 5'4")

Girls Long Jump (12 ft. min)

Girls Discus (70 ft. min) Girls Javelin (70 ft. min)

Afternoon Field Events:

Girls Shot (25 ft. min)

Girls High Jump (starts at 4'0")

Boys Discus (90 ft. min) Boys Javelin (90 ft. min)

Boys Long Jump (17 ft. min)

** Please don't enter athletes

that cannot meet these standards.

We will measure at least one mark if it is close to the mark.

Each athlete is allowed only 4 events.

We are excited to have you come to our meet!

Bryan Weir – bweir@morgansd.org Brennen Fuller - bfuller@morgansd.org