

PARKLAND MATADOR TRACK AND FIELD INVITATIONAL

We are pleased to invite you to the Parkland Matador Track and Field Invitational. We are excited to have your team participate on our track. Here are the details:

Pole Vault will be Thursday 4:00 pm at Parkland High School

Deadline to enter athletes on <u>www.runnercard.com</u> is Wednesday; April 8, 2015 at 7:00 pm we will close entries at that time to download participants into our meet management program **NO LATE ENTRIES WILL BE ACCEPTED!!!** Entries are limited to 4 athletes and 2 Relays in Open Division, 3 athletes and 1 Relay in Varsity. . Only one relay will count for scoring. The coaches scratch meeting will start Friday, April 10 at 2:30 pm . There will be no adds at the scratch meeting. Scratches for the field events will be made at the event site. Top 3 individuals in all four divisions will receive medals. Top team in each division will receive trophies.

A rolling time schedule will be used for all events. Field events start at 3:00 pm. Varsity field events will have 4 attempts. Open Division will take 3 attempts. All athletes must check in 15 min. prior to start of their event. Calls will be made over the P.A. Please have your athletes ready.

Parkland High School athletic trainers will be present and available to ALL athletes, throughout the duration of the meet. Trainers will be set up at the north end of the stadium. We ask athletes who plan to be tape or otherwise assisted by the trainers, please bring their own supplies (tape, pre-wrap, etc.)

No team will be allowed to set up camp in the infield. All canopies must be set up in the upper levels of the stadium. No radios, boom boxes, or other noisemakers will be permitted.

Athletes and coaches may not view any videotape during competitions.

Only athletes warming up will be allowed on the field. Please keep all other athletes in the stands.

A concession stand will be available and located in the Main Gym. Team tents must be set up at the top of the stadium to either side of the press box. A hospitality room will be available for coaches and bus drivers. Work assignments are as follows

Loretto– All Relays Exchange Zones Parkland- All Divisions Long Jump Parkland- All Divisions High Jump San Elizario- All Divisions Triple Jump Parkland-All Divisions Shot Put Montwood- All Divisions Discus Parkland- All Divisions Pole Vault Hurdle Crew-Parkland Jr. R.O.T.C. Schools working field events Please bring your own Tape Measurements

We look forward to your participation. Any questions please call or e-mail

Al Licon Head Boys Track Coach 434-6116 <u>alicon@yisd.net</u>

Darrell Martin Head Girls Track Coach 252-3135 dmartin@yisd.net



Pole Vault will be Thursday 4:00 pm at Parkland High School Open Girls,Varsity Girls,Open Boys,Varsity Boys

TRACK AND FIELD SCHEDULE FOR FRIDAY, April 10, 2015

2:30 pm Scratch meeting at the Athletic Field house

3:00 pm Field Events

High Jump (Open Girls, Varsity Girls, Open Boys, Varsity Boys) Long Jump (Varsity Girls, Open Girls, Varsity Boys, Open Boys) Triple Jump (Varsity Boys, Open Boys, Varsity Girls, Open Girls) Shot Put (Varsity Boys, Open Boys, Varsity Girls, Open Girls) Discus (Varsity Girls, Open Girls, Varsity Boys, Open Boys)

3:00 pm Running Events

3200m Run 4:15 pm 4 x 100m Relay 800m Run 100m Hurdles 100m Dash 4 x 200m Relay 400m Dash 300m Hurdles 200m Dash 1600m Run 4 x 400m Relay



Order of Running Events: Open Girls, Open Boys, Varsity Girls, Varsity Boys

Hurdles: All Girls Divisions followed by Boys Division

*All Running Events are Timed Finals