

Lander Invitational Cross Country Meet September 2, 2021

Middle School races are as follows: Noon—Girls 12:30—Boys

High School races are as follows: 1:30—Varsity Girls 2:00—Varsity Boys

2:30—Senior Recognition

3:00—JV Girls 3:30—JV Boys

Fee: High School Fee per team is \$100.00. Invoice is attached. We are not charging middle schools.

Scoring: We are using a computer chip timing system and need all coaches to enter their contestants into RunnerCard by Tuesday, August 31 at 4:00pm.

RunnerCard Entries: Both high school and middle school must enter a time for each runner so that we can flight them accordingly.

Course: The high school course is five kilometers. The course will take place on the back nine (old front) of the golf course. Please stay off the greens and out of the bunkers.

The middle school course is approximately two miles at the same location.

Bus Parking: Buses will drop off and pick up athletes at the clubhouse. Please park buses in designated areas. There will be signs designating these areas.

Restrooms: Port-a-Potties will be made available in parking lot near club house. Please direct your athletes not to go inside the clubhouse.

Weather: In case of adverse weather/lightning an air horn will sound and at that point teams will need to go to their respective busses until the delay is lifted.

Kevin Green LVHS Cross Country Coach kgreen@landerschools.org Mist Atnip LMS Cross Country Coach matnip@landerschools.org Serol Stauffenberg Activities Director sstauffenberg@landerschools.org



INVOICE

Lander Valley High School Cross Country Meet September 2, 2021

Entry Fee - \$100.00

Make checks to LVHS Activities 350 Baldwin Creek Rd. Lander, WY 82520