



Davis High School

May 27th @ 10:00AM

Order of TRACK Events

10:00AM. 3000M run-ages 11 & older
60M hurdles-ages 10 & under
80M hurdles-ages 11-12
100M hurdles-ages 13 & older
100M dash
1500M run
400M dash
4 x 100M relay
800M run
200M dash
4 x 400M relay

FIELD Events (open pit *except High Jump)

10:00-12:00. Long Jump: 10 and under

10:00-12:00. Shot Put: ages 10 and under

10:00-12:00. Javelin: ages 11 and older

10:00-12:00. High Jump: - session #1 (The bar will begin at 3'2" for both sessions of HJ. Choose which session will work best for your athlete's schedule.)

12:30-2:30PM. Long Jump: ages 11 and older

12:30-2:30PM. Shot Put: ages 11 and older

12:30-2:30PM. Javelin: ages 10 and younger

12:30-2:30PM. High Jump: - session #2 (The bar will begin at 3'2" for both sessions of HJ. Choose which session will work best for your athlete's schedule.)

PLEASE NOTE:

- *This is a rolling schedule. We will move ahead whenever possible.
- *Please get a bib sticker from your coach before your first event.
- *At first call, make your way to the starting line to check-in.
- *In all running events, the youngest will go first and girls will be followed by boys.
- *"Open pit" means that you may get your marks at any time during the time frame as long as you are in that age division.
- *We will end the meet with a coaches/parents/family 4x400M division! Please email jami.caldwell@gmail.com if interested!
- *The infield will be primarily closed to everyone except athletes, officials and volunteers.

REGISTRATION:

- Registration will be done through runnercard and will open Monday, May 9th
- All athletes must register ahead of time, registration will close at 5:00PM on Friday, May 26th.
- We will NOT have day of registration
- Cost of meet is \$5/event
- Coaches must register their relay teams

RUNNERCARD REGISTRATION INSTRUCTIONS:

- You will need to complete your registration by the registration deadline. (no exceptions).
- Find the meet on Runnercard [HERE](#).
- At the top there is a Register button (click that)
- On the left side there is an Individuals section. You will click on Individual Signup even if you are on a team (you will be able to choose your team later).
- DO NOT CREATE AN ACCOUNT (this is for coaches only in order to register relay teams).
- You will then click on Agree to the Liability Waiver.
- Fill out your Athlete's Name
- Then fill in their birthdate (the rest of that section is optional)
- Under Team Affiliation just click on Unattached or Team but leave the team field blank.
- Under Questions it will allow you to select your team if you are on one.
- Select the events your athlete will compete in (please choose the right gender and age division (according to chart below)). Please choose the correct age division - remember it is not always their current age, but based on the year they were born:

Year of Birth Age Division

born 2015+: 8 & Under
born 2013-2014: 9-10
born 2011-2012: 11-12
born 2009-2010: 13-14
born 2007-2008 15-16

- You do not need to register for relays. If you are planning on running in a relay talk to your coach they will register those.
- Click next and either add other athletes or complete the payment process.
- **Coaches: for relays we need you to create a team account if you don't already have one. This can be done on the right side of the main page. Then you will login under teams after you click Register. A meet access code will be emailed to you. Don't share the meet access code with anyone who is not a coach. Please only enter relays into the meet not individuals as they will do that themselves. If you have questions about this process contact Nelson @ (385) 207-8378.