**2022 Junior High Meet Order of Events**

Start time will be 3:00 for all Track and Field events.

Our track has 7 lanes which usually means an extra heat of each event in the sprints. This adds a little time to running a meet. Please be aware that whenever possible, events will run ahead of schedule when possible.

\*\*\*\*\*Athletes should report to the Starting Line or Field Event immediately after first calls\*\*\*\*\*

**TRACK EVENTS:**  Start time for Track Events will be 3:00.

Girls 100m Hurdles

Boys 110m Hurdles

Girls 100m Dash

Boys 100m Dash

Girls 4x200 Relay

Boys 4x200 Relay

Girls 1600m Run

Boys 1600m Run

Girls 4x100m Run

Boys 4x100m Run

Girls 400m Dash

Boys 400m Dash

Girls 800m Run

Boys 800m Run

Girls 200m Dash

Boys 200m Dash

Girls 4x400m Relay

Boys 4x400m Relay

**FIELD EVENTS: Start at 3:00**

Girls Discus Boys to follow

Girls High Jump Boys to follow

Boys Shot Put Girls to follow

Boys Long Jump Girls to follow

\*\*\*\*\* Athletes should report to the Starting Line or Field Event immediately after first calls \*\*\*\*\*