



Meet Schedule

5/22/2024

Event	Time
Track opens for warmups & Check-Ins	6:00
Race shop opens	6:00
Opening ceremonies & pacer introductions	6:45
Women's Community 5k	7:00
Men's Community 5k	7:25
High School Girl's 5k	
	Heat 1 7:45
	Heat 2 8:10
	Heat 3 8:35
High School Boy's 5k	
	Heat 1 9:00
	Heat 2 9:20
	Heat 3 9:40
Elite High School Girls	10:00
Elite High School Boys	10:20

Heats will be run slow to fast. Tentative schedule—will be adjusted as necessary to accommodate more or less heats.