

# Eastern Utah Championships

## April 29, 2016

### Running Events –Timed Finals

### Field Events – Prelims & Finals

**3:00 P.M.**

1600 Medley Relay

100 M Hurdles

110 M Hurdles

100 M Girls/Boys

1600 Meter Girls/Boys

4x100 Meter Relay

400 M Girls/Boys

300 M Hurdles Girls/Boys

800 M Girls/Boys

200 M Girls/Boys

3200 M Girls/Boys

4x4 Relay Girls/Boys

**3:00 P.M.**

Girls Shot Put

Boys Discus

Girls Javelin

Girls High Jump

Boys Long Jump

**5:00 P.M.**

Boys Shot

Girls Discuss

Boys Javelin

Boys High Jump

Girls Long Jump

**\*\*Limits \*\* 4 events per athlete  
unlimited entries per school  
except 1 relay per school**