2012 Region 15

Track Championships

Schedule

***9:30 am*** – Coaches Meeting

***10:00 am*** – Meet Begins

***Running Events Field Events***

***Finals*** - 1600 meter Run Girls then Boys

**Preliminaries** Boys High Jump

100 m Hurdles Girls Discus

110 m Hurdles Girls Long Jump

100 meter Girls then Boys Boys Shot Put

400 meter Girls then Boys Boys Javelin

300 meter hurdles Girls then Boys

200 meter run Girls then Boys

***\* 1 Hour Break\****

***\*Finals Begin\****

100 m Hurdles Boys Long Jump

110 m Hurdles Girls Shot Put

100 meter Girls then Boys Girls Javelin

***(20 minute break)*** Girls High Jump

4 x 100 meter Relay Boys Discus

400 meter Girls then Boys

300 m Hurdles Girls then Boys

800 meter Run

Medley Relay

200 meter Girls then Boys

3200 m run finals Girls then Boys

4 x 400 meter Relay

\*We will have at least a 1 hour break between the two sessions.