West of the Pecos Relays March 2, 2012

Coaches:

Welcome to the West of the Pecos Relays!

Please read the following General Information sheet to answer any questions you might have. Please make sure your athletes are listening for announcements about races, lane assignments, etc. and they follow the rules regarding our facilities. If you have any questions, please call us and we will try to answer them for you.

- 1. All food and drinks, except water, must stay in the team camps.
- 2. NO SUNFLOWER SEEDS!!!! It is next to impossible to get them off the field turf.
- 3. Parents and non-participants need to be in the stands to keep traffic to a minimum. (Infield is for coaches and warm-up only)
- 4. Team camps will set up in the stands on the Northeast side.
- 5. Entry fee is \$100.00 per team (ex. Varsity and JV boys and girls= \$400.00)
- 6. To enter your athletes: (1) Go to Runnercard.com; (2) Click on the link <u>Create Account</u>; (3) Follow the on-screen directions; (4) Once you have created an account, go to the home page and under the High School-Jr High tab search for the West of the Pecos Relays; (5) Click on the meet and then follow the on screen instructions to enter your athletes. Registration will close March 1 at 10:00 PM. The scratch meeting will be in the field house on the South end of the stadium. Meeting will be from 11:00 PM to 12:00 PM.
- 7. There will be a meal deal offered by the Pecos Athletic Booster Club. The meal will be a brisket sandwich, chips, candy bar, and drink for \$6.50. If you are interested in this, please email Tracy Shaw at tshaw@pbtisd.esc18.net with the number of meals you would like.
- 8. Meal provided for all coaches, officials, and workers from 4:30 to 5:30.

Teams Entered: Pecos, Fort Stockton, Monahans, Greenwood, Presidio, Van Horn, Sierra Blanca, Dell City

Good Luck with your season! We look forward to having you in Pecos.

Chris Henson	Christina Mata	Derick Price	Fax Number
Athletic Director	Head Girls Coach	Head Boys Coach	Pecos Field House
(432) 447-7460	(432) 269-8211	(325) 370-2406	(432) 447-3076

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Schedule of Events

** All Field Events and Running Events will be rolling starts**

** JV Field Events will get 4 attempts, no finals**

Running prelims start at 12:30 PM along with Pole Vault and High Jump

** Field events will begin at the conclusion of the last prelim except for Pole Vault and High Jump**

Shot Put	<u>Discus</u>	Long Jump (NW Pit)	Triple Jump (NE Pit)	<u>High Jump(12:30)</u>	<u>Pole Vault(12:30)</u>
Varsity Boys	Varsity Girls	JV Boys	JV Girls	Varsity Girls (4'6")	V and JV Girls
JV Boys	JV Girls	Varsity Boys	Varsity Girls	JV Girls (4')	(run together)
Varsity Girls	Varsity Boys	JV Girls	JV Boys	Varsity Boys (5'6")	V and JV Boys
JV Girls	JV Boys	Varsity Girls	Varsity Boys	JV Boys (5')	(run together)

If your athlete has conflicting field events, or prelims and HJ or PV, have them check in to both events and let the person in charge know they have a conflict. Arrangements will be made to ensure the athlete gets to compete in both.

1:00 PM 3200 Meter Run at Crockett MS. We will have supervision to walk them

to the track, it is 2 blocks from the HS track.

12:30 PM Rolling Schedule

100/110 Meter Hurdles

100 Meter Dash 400 Meter Dash 300 Meter Hurdles 200 Meter Dash

Running order will be JV Girls, Varsity Girls, JV Boys, Varsity Boys

6:00 PM Rolling Schedule

4 x 100 Throwers Relay (Co-Ed. Must have 2 boys and 2 girls)

4 x 100 Meter Relay

800 Meter Run

100 Meter Hurdles

110 Meter Hurdles

100 Meter Dash

4 x 200 Meter Relay

400 Meter Dash

300 Meter Hurdles

200 Meter Dash

1600 Meter Run

4 x 400 Meter Relay