Dear Coach,

The Continental League Championships Cross Country Meet will take place on Friday October 13th at Salisbury Park (9200 Motsenbocker Rd., Parker 80134. Enclosed you will find directions to the meet and instructions for where to set up team campsites. All Buses will park in the dirt parking lot at the front of the park after dropping off their teams. All other activities for the park have been cancelled on this day. Everybody must stay off the baseball/softball fields at all times. Camps can be set-up in between the fields North of the finish line, NO STAKES are allowed to be used to hold your tents down, so please plan ahead and use another method. There are no water sources at the park so please bring your own for your teams. There will be 3 Porta Pots at the start and at the finish as well as some in the concession stand North of the finish line. Scoring for the Girls and Boys A will be done by Colorado Accutrack and the other levels will be hand timed. Each school will be asked to pay \$62 to help cover the cost of Accutrack and you will receive results before you leave. Coaches if you could let your parents know that there are no pets allowed in the park and that all trash needs to be picked up afterwards. The Concession stand will be open by the baseball fields.

Order of Events:

3:00	Coaches Meeting	
3:30	Boys C	Unlimited entries, score 5
3:33	Girls C	Unlimited entries, score 5
4:10	Girls A	Run 7, Score 5
4:40	Boys A	Run 7, Score 5
5:15	Boys B	Run 7, Score 5
5:18	Girls B	Run 7, Score 5

Awards: The ceremony will occur immediately following the scoring of the final race.

Directions: Parker Rd. South to Main St. and take a right and head West 1.2miles to Motsenbocker Rd. . Take a left on Motsenbocker and go approx. 1.5 mile and the park will be on the left side of the road.

Questions: Gary Thompson-Chaparral AD 303-387-3532-work 303-910-9317-cell Rob Ferguson-Chaparral Head Coach 303-387-3650 720-234-6026