**Wheatland Middle School**

 **Invitational Track Meet**

 **@ Wheatland High School**

**DATE OF MEET:**  Friday, April 23, 2021

 **PLACE:** Wheatland High School Track

**Time:** 1:00 pm

**ENTRIES:** There will be FOUR (4) divisions, “A” only: 6th/7th Boys, 6th/7th Girls, 8th Boys and 8th Girls. Each school may have four (4) entries per event in each division; only 2 relays per division. Each athlete may participate in 4 events including relays. In the field events there will be three (3) attempts with no finals, with the exception of the high jump/pole vault (maximum of 3 attempts per height); unlimited entries for the 800 and 1600.

**SPIKES: 1/8”** Pyramid spikes only.

***Teams will be allowed to set up camp on the football field. Please pick up trash from your teams before leaving.***

**EQUIPMENT/CERTIFICATION:** Blocks will be provided. Each team will be allowed to use their own shot and discus provided that all shots and discs meet weight specifications.

**ENTRIES: Please submit your entries on****Runnercard for the meet titled: Wheatland Middle School Invitational Track Meet, by Thursday, April 22, 7:00 pm.**

**SCORING AND AWARDS:** There will be no team scores kept.

**RUNWAYS - RINGS:** The shot and discus rings are cement. The triple jump, high jump and long jump runways are rubberized asphalt.

**BAD WEATHER:** In case of cancellation due to weather, you may call Meet Director, Karen Roles, (307)-272-8066, **send us a coach’s phone # and your departure time in case we have to cancel the morning of the track meet.**

**INITIAL MEETING:** The meeting will begin at 12:30 pm in the Field House at the south end of the track.You will receive your event clipboard and equipment (tape measure, rake, etc.)

**COACHES:** **Each school will be asked to work one field event, help with exchange zones, and/or time running events if needed.**

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**SCHEDULE OF EVENTS**

**Saturday, April 17, 2021**

**Field Events will begin at 9:00 AM**

**Running Events will begin at 10:00 AM**

**6th/7th G, 8th G, 6th/7th B, 8th B**

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| **Event** |
| **1600 M Run** |
| **100 Hurdles - (Boys - Interim Hurdle Height. Girls - Low Hurdles.)** |
| **100 Dash** |
| **800 M Relay - Sprint Medley (100, 100, 200, 400)** |
| **200 M Dash** |
| **4 x 100 Relay** |
| **400 M Dash** |
| **200 Hurdles** |
| **800 M Run** |
| **4 x 400 M Relay** |

Assignments/Locations

Let me know if this doesn’t work for you and we can adjust

**Events**

**Long Jump- Laramie Coaches**

6th/7th- South Pit

8th grade- South Pit

**Triple Jump- Rawlins Coaches**

6th/7th- North Pit

8th grade- North Pit

**High Jump- Wheatland Coaches**

6th/7th/8th- Combined

Starting Height

Girls- 3’6”

Boys- 4’

**Pole Vault- Burns Coaches**

6th/7th/8th Combined

Starting Height

Girls- 5’

Boys- 5’6”

**Shot Put- Torrington Coaches**

6th/7th- West Pit

8th grade- West Pit

**Discus- Wheatland Volunteers**

6th/7th-1 block west of north end of track (Park)

8th grade-1 block west of north end of track