**HURRICANE VALLEY ROTARY INVITATIONAL 2019**

**STATE QUALIFYING TRACK MEET**

**TO:** Track Coaches and Athletic Directors

**FROM:** Keturah Rowland, Girls Track Coach

 Boyd Prince, Boys Track Coach

**DATE: March 29th – March 30th, 2019** (3:00 PM Friday – 9:00 AM Saturday).

**PLACE:** Hurricane High School Track Stadium

**AWARDS:** Individual and relay medals for places 1 - 3.

**TEAM PTS:**  10, 8, 6, 5, 4, 3, 2, 1

**COST:** Entry fee of $150 for both boys and girls teams. $75 for one team.

Individual entries are $5.00 per athlete.

### **TEAM ENTRIES:** [www.runnercard.com](http://www.runnercard.com) by March 28, 2019 @ 11:59 PM.

### **RESULTS:** [www.runnercard.com](http://www.runnercard.com)

### \* **6 participants per event. Please enter time/distance/height for each athlete entered in the meet, to help with lane/flight assignments.**

### **\* Each athlete is allowed to be in 4 events only.**

**Sorry, we will not be able to make meet day changes.**

**E-mail us at** boyd.prince@washk12.org **ASAP if you are interested. We will then look for your entry on** [**www.runnercard.com**](http://www.runnercard.com)

HURRICANE HIGH, 345 W. TIGER BLVD. HURRICANE, UT 84737.

All entries need to be on **runnercard.com**

We appreciate your support and look forward to seeing you at the meet.

Thanks, Keturah Rowland and Boyd Prince

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| **HURRICANE VALLEY ROTARY INVITATIONAL 2019** |
| **Schedule of Events** |
| **Friday March 30, 2019** |
| **Starts at 3:00 PM Trials**  |
| Running Events: | **Field Events:**  |
| 1600 M Run Finals  | Boys Javelin (100 ft. minimum)  |
| 100 M Hurdles  | Boys Shot (30 ft. minimum) |
| 110 M Hurdles  | Boys Long Jump (16 ft. minimum)  |
| 100 M Dash  | Girls Discus (60 ft. minimum)  |
| 400 M Dash  | Girls High Jump (starts at 4’0”)  |
| 300 M Hurdles1600 M Medley Relay |  |
| 200 M Dash  |  |
| **Saturday March 30, 2019** |
| **Starts 9:00 AM Finals**  |
| **Running Events:**  | **Field Events:**  |
| 3200 M Run  | Boys High Jump (starts at 5’4”) |
| 100 M Hurdles  | Boys Discus (100 ft. minimum) |
| 110 M Hurdles  | Girls Long Jump (12 ft. minimum)  |
| 100 M Dash  | Girls Shot (25 ft. minimum)  |
| 400 M Relay  | Girls Javelin (65 ft. minimum) |
| 400 M Dash  |  |
| 300 M Hurdles  | Sorry No Pole vault facilities  |
| 800 M Run |  |
|  |  |
| 200 M Dash  |  |
| 1600 M Relay  |  |
| \*All running events will go girls first then boys.\*6 participants from each school per event. |  |