Riverton Invitational

(Event Championship)

**Question** – If you have any question please contact Coach Englestead

**Email** - chase.englestead@jordandistrict.org

**Dates** –Friday, April 12th

**Where** - Riverton High School

**Entry Fee** – $200 per team

**Meet Password** - silverwolves

**Scoring –** The Riverton Invitational is **NOT** going to be scored in the traditional manor. Boys and Girls races will be combined per event and scored out and team champion will be award by specific event groups. For example distance girls and distance boys races will be combined.

**Awards**- Awards will be presented at the conclusion of each event.  Please let your athletes know that if they place in the top 8 to report to the awards area immediately after the completion of each event.  Top 3 in each event and the top relay team will receive a medal and tee shirt. 5-8 will receive ribbons.

**Team Awards** – There will be FOUR total team championship trophies award. Girls and boys trophies will be combined per event groups.

* + - * 1 trophy – Girls/Boys Sprints (100m, 100h, 110h, 200, 300h, 400m, 4x100, 4x400)
* 1 trophy– Girls/Boys Distance (800, 1600, 3200, Medley)
* 1 trophy– Girls/Boys Jumps (Long Jump, High Jump, Pole vault)
* 1 trophy– Girls/Boys Throws (Javelin, Discus, Shot Put)

**Results** – Results will be posted at the meet and on runnercard.com

**Streaming** – Link will be in the event description on runnercard.com

**Timing** – FAT timing will be done through Run It Green (Nelson Orton)

**Concession** – There will be concessions available. Drinks, hamburgers, hotdogs etc.

**Fast Heat** – The fast heat will be determined by seed times. FAST HEAT WILL BE LAST

**Event order** – Girls will run first followed by boys.

**Field Events** -Three attempt trails + Finals, Top 9 advance to finals

**Entries**

* **Lane and Field Events** – Register four athletes per event, per gender.
* **Distance Events** – Register five athletes per event, per gender.
* **Pole Vault** – Register up to eight per event, per gender
* **Relays** – One team per relay

Meet Schedule (tentative time schedule)

|  |  |  |
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| **Start Time** | Race | Heats |
| **3:00pm** | 100m Hurdles Girls | 6 Heats of 8 |
| **3:10pm** | 110m Hurdles Boys | 6 Heats of 8 |
| **3:20pm** | 100m Girls | 6 Heats of 8 |
| **3:30pm** | 100m Boys | 6 Heats of 8 |
| **3:40pm** | 1600m Girls | 3 Heats |
| **4:05pm** | 1600m Boys | 3 Heats |
| **4:30pm** | 400m Girls | 6 Heats of 8 |
| **4:45pm** | 400m Boys | 6 Heats of 8 |
| **5:00pm** | 4x100m Girls | 2 heats of 6 |
| **5:10pm** | 4x100m Boys | 2 heats of 6 |
| **5:20pm** | 800m Girls | Heats of 16, 12 final heat |
| **5:40pm** | 800m Boys | Heats of 16, 12 final heat |
| **6:00pm** | Sprint Medley Girls | 2 heats of 6 |
| **6:15pm** | Sprint Medley Boys | 2 heats of 6 |
| **6:35pm** | 300m Hurdles Girls | 6 Heats of 8 |
| **6:50pm** | 300m Hurdles Boys | 6 Heats of 8 |
| **7:05pm** | 200m Girls | 6 Heats of 8 |
| **7:15pm** | 200m Boys | 6 Heats of 8 |
| **7:25pm** | 3200m Girls | 2 heats |
| **7:55pm** | 3200m Boys | 2 heats |
| **8:25pm** | 4x400 Girls | 2 heats of 6 |
| **8:35pm** | 4x400 Boys | 1. heats of 6
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**Field Events**

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| --- | --- | --- |
| **Start Time** | **Event** | **Flights** |
| **3:00** | **Boys Shot** | **4 Flights of 12** |
| **3:00** | **Girl Discus** | **4 Flights of 12** |
| **3:00** | **Girls High Jump** | **N/A** |
| **3:00** | **Boys Long Jump** | **N/A** |
| **3:00** | **Pole Vault** | **N/A** |
| **3:30** | **Girls Javelin** | **4 Flights of 12** |
| **5:30** | **Boys High Jump** | **4 Flights of 12** |
| **5:30** | **Girls Long Jump** | **4 Flights of 12** |
| **5:30** | **Boys Discus** | **4 Flights of 12** |
| **5:30** | **Girl Shot** | **4 Flights of 12** |
| **5:30** | **Boys Javelin** | **4 Flights of 12** |