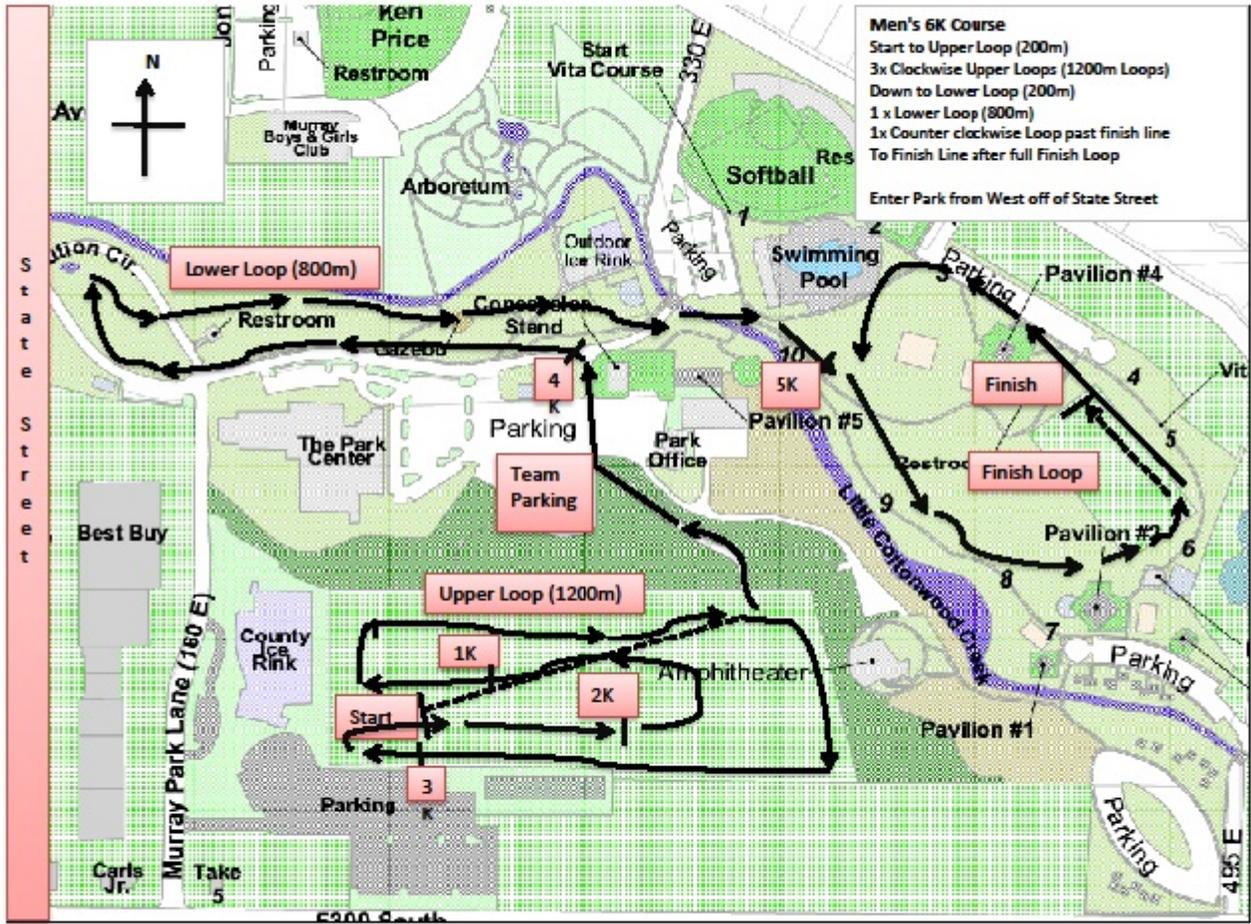


2014 Utah Open

Friday, September 5th

Murray City Park, Murray, UT

- Time:** 3:00pm-Women's 4K; 3:30pm-Men's 6K
- Facilities:** Murray City Park is very flat with primarily gradual turns and a mostly grass competition course. However, there are a few crossings through parking lots so race flats are highly recommended
- Rules:** NCAA rules and scoring will govern this meet.
- Entry:** www.runnercard.com
- Entry limits:** NCAA entry rules/limits
- Entry Fee:** No entry fee for scoring teams. \$5 per unattached athlete
- Directions:** Murray City Park is located south of downtown Salt Lake City at 296 E. Murray Park Ave, Murray, UT 84107
- From the North, West, and East: Follow I-15 to 5300 South exit. Go left off of the exit ramp to State Street. Turn left onto State Street. The park will be on your right shortly after you turn onto State St. Turn right onto Constitution Circle and follow the road into the park.
- Parking:** Parking lot on the right is available and a central location for both the start and finish areas.
- Course Viewing:** There is no premeet time other than the day of the meet
- Packet Pick-up:** Team packets and other pertinent meet information can be picked up at pavilion near the Finish Line.
- Team Camps:** There will plenty of space available at the start and finish lines. Tents are recommended as the start area is in a open field with very little shade.
- Restrooms:** Near the finish line. Located throughout the park.
- Showers:** Showers will not be available at the course. They will be available on the University of Utah campus at the Health, Phys. Ed, and Recreation East Building (HPER East). HPER East is located between the Huntsman Center (BB arena) and the Soccer Field. Follow directional signs to lower level locker room facilities. A map has been included. The HPER East building is the black square on this map. The star is the Huntsman Center. Go to www.map.utah.edu/ for a campus map for more detail.
- Results:** Results will be posted as quickly as possible after each race. Results will also be posted at www.runnercard.com and sent to your SID's.
- Refreshments:** Assorted fruits, snacks, and drinks will be available to all teams immediately after each race.



Men's 6K Course
 Start to Upper Loop (200m)
 3x Clockwise Upper Loops (1200m Loops)
 Down to Lower Loop (200m)
 1 x Lower Loop (800m)
 1x Counter clockwise Loop past finish line
 To Finish Line after full Finish Loop

Enter Park from West off of State Street

State Street

