**PHHS and Socorro Track Meet**

 **Thank you coaches to you and your teams for attending our track meet. Our meet will be a one-day meet on FEB 25th and all running event will be run as time finals with no preliminaries. Entries will be on Runnercard. Field events will have minimum distance requirements after the first attempt and vertical jumps will have starting heights. Although restrictions have been lifted, it is suggested that student athletes still practice COVID-19 risk reduction strategies such as wearing masks, washing hands, and staying out of the warmup areas if they are not competing. The meet will be on a rolling schedule. We will start at 10am with boys running events and girls will be on fields events then will switch orders, the Boys will be on field events and Girls will be on running events for the afternoon session. The Girls 3200m will be run in the Morning at 10am and Boys 3200m will be run in the afternoon after the Girls 4\*100 relay. Runner card will be open February 17st and will close February 23th at 11:59pm.**

**Event Assignments**

Franklin HS- Long Jump

Hanks HS- High Jump

Ysleta HS- Triple Jump

Mountain View HS- Pole Vault

Clint HS- 4\*100m exchange zones

Socorro HS- 4\*200m exchange zones & 800m break in/waterfall

Horizon HS- Discus

Pebble Hills HS- Shot Put

**Minimum Requirements for Horizontal Jumps and Throwing Field Events**

 **Each athlete will have their 1st attempt measured. After that, the athlete must make the minimum requirements for their attempt to be measured. Varsity will get three attempts then finals, JV will get four attempts no finals, and freshman will get three attempts no finals. If you are judging a field event, please make sure you provide your own measuring tape.**

 **Varsity Girls Varsity Boys JV Girls JV Boys Frosh Girls Frosh Boys**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Shot Put** | **30 ft** | **38 ft** | **28 ft** | **35 ft** | **25 ft** | **30 ft** |
| **Discus** | **110 ft** | **120 ft** | **70 ft** | **90 ft** | **40 ft** | **60 ft** |
| **Triple Jump** | **28 ft** | **36 ft** | **25 ft** | **34 ft** | **23 ft** | **33 ft** |
| **Long Jump** | **15 ft** | **18 ft** | **13 ft** | **16 ft** | **11 ft** | **14 ft** |

**Starting Heights for Vertical Jumps**

 **Varsity Girls Varsity Boys JV Girls JV Boys Frosh Girls Frosh Boys**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **High Jump** | **4’2** | **5’2**  | **4’0** | **5’0**  | **3’8** | **4’8** |
| **Pole Vault** | **6’0**  | **6’0** | **6’0** | **6’0** | **6’0** | **6’0** |

**Morning Session Start at 10am**

**3200m (Girls F, JV, V) Possibly combine F and JV**

 **Girls Long Jump Pit # 1 V, JV, F**

**4x100m Relay Girls Triple Jump Pt # 2 F, JV, V**

**800m Run Girls Discus V, JV, F**

**100m/110m Hurdles Girls Shot Put F, JV, V**

**100m Girls Pole Vault F, JV, V**

**4x200m Relay Girls High Jump F, JV, V**

**400m**

**300m Hurdles**

**200m**

**1600m Run**

**4x400 Relay**

**Afternoon Session will start at 3pm**

**3200m (Boys F, JV, V) Possibly combine F and JV**

 **Boys Long Jump Pit # 1 V, JV, F**

**4x100m Relay Boys Triple Jump Pt # 2 F, JV, V**

**800m Run Boys Discus V, JV, F**

**100m/110m Hurdles Boys Shot Put F, JV, V**

**100m Boys Pole Vault F, JV, V**

**4x200m Relay Boys High Jump F, JV, V**

**400m**

**300m Hurdles**

**200m**

**1600m Run**

**4x400 Relay**