**ENTRIES NEED TO BE DONE BY TUESDAY 4/19 @ 10 AM.**

Coaches,

Please read the information below, as some of it is slightly different (in a more generous way) than what was agreed to in your coaches meeting. Because our track is small, and we only have 3 schools, we are able to add some runners in order to fill all of the lanes. Please view the \*note beneath the event details.

**Event information**

Sprints/Hurdles - 12 individuals per school, event, per gender

\*you may enter 13 kids for the 200 and the 400. Because we have 5 lanes around the track, if we have 36 kids entered (12 per 3 schools) we will have to run 8 heats (8 heats of 5 allows for 40 runners). We might as well fill those heats, so you may enter 13 kids so we have 39 runners and fill all the heats.

Field Events - 10 per event

Relays - 3 per team

\*please enter your best times for your A-teams so that we have the fastest team from each school in the first heat. (We will run 1 heat of 5, and 1 heat of 4.)

Distance - 15 individuals per event

**Order of events**

Girls Discus Boys to follow

Girls High Jump Boys to follow

Boys Shot Put Girls to follow

Boys Long Jump Girls to follow

Girls 100m Hurdles

Boys 110m Hurdles

Girls 100m Dash

Boys 100m Dash

Girls 4x200 Relay

Boys 4x200 Relay

Girls 1600m Run

Boys 1600m Run

Girls 4x100m Run

Boys 4x100m Run

Girls 400m Dash

Boys 400m Dash

Girls 800m Run

Boys 800m Run

Girls 200m Dash

Boys 200m Dash

Girls 4x400m Relay

Boys 4x400m Relay