



Meet Schedule

Event	Time
Track opens for warmups & Check-Ins	5:30
Race shop opens	5:30
Opening ceremonies & pacer introductions	6:00
Women's Community 5k	
Heat 1	6:15
Heat 2	6:40
Men's Community 5k	
Heat 1	7:00
Heat 2	7:25
High School Girl's 5k	
Heat 1	7:45
Heat 2	8:10
Heat 3	8:35
High School Boy's 5k	
Heat 1	9:00
Heat 2	9:20
Heat 3	9:40
Elite High School Girls	10:00
Elite High School Boys	10:20

Heats will be run slow to fast. Tentative schedule—will be adjusted as necessary to accommodate more heats.