



Meet Schedule

5/22/2024

Event		Time
Track opens for warmups & Check-Ins		5:30
Race shop opens		5:30
Opening ceremonies & pacer introductions		6:25
Men & Women's Community 5k		6:30
High School Boy's 5k	Heat 5	7:00
	Heat 4	7:30
	Heat 3	7:55
High School Girl's 5k		8:15
High School Boy's 5k	Heat 2	8:35
High School Boys Elite	Heat 1	8:55

Heats will be run slow to fast. Final Schedule.