[](https://www.bing.com/images/search?q=santa+teresa+nm+high+school+logo&id=9CF113B04A5B60D08DE376A5F62F2443E1FC6875&FORM=IQFRBA)Santa Teresa High School Cross Country[](https://www.bing.com/images/search?q=santa+teresa+nm+high+school+logo&id=9CF113B04A5B60D08DE376A5F62F2443E1FC6875&FORM=IQFRBA)

2019 Districts 3 and 4 - 4A Cross Country Championships

11/02/19 at 10:00am

Head Coach: Epifanio Solis (915) 200-9480

Athletic Director: Karen Nougues (575) 882-6922

Dear Coach,

We are very happy to invite you and your cross country team to our 2019 District Cross Country Championships.

**Date:** Saturday November 02, 2019

**Place:** Chaparral High School (Start: Grass field next to the track)

800 County Line Dr, Chaparral, NM 88081

(Please use main entrance)

**Coaches Meeting**: 10:00am

**Order of Events:** 10:30am Girls Varsity (9 entries)

11:15am Boys Varsity (9 entries)

**Distance:** 3.1 miles

**Course:** Course is a combination of grass, asphalt, and dirt road.

**Awards:** As per NMAA Rules and right after finishing scoring the races

**Registration:** Registration will be entered at [www.runnercard.com](http://www.runnercard.com) if you do not have an account, you will need to create one. The account is free. There will be no substitutions the day of the meet. Registration closes prior to 6:00pm on Thursday, October 31, 2019.

Looking forward to your participation and a great championship cross country meet!!

**NMAA Rules for State Qualifications:**

1. You may utilize 9 varsity runners in your district meet. Runners 8 and 9 for your team will be eliminated from the final results (not scored and their placements lost, with those runners behind them moving up. A team’s 8 and 9 runner will not be eligible for district honors even if they finish in the top 10), runners 6 and 7 will be used as

tie- breakers, and you will score the top 5 runners of each team.

1. For classes 3A-5A the top three teams (to include a minimum of 5 and a maximum of 7 runners) from each district will qualify for the state meet.
2. For classes 3A-5A the top three individual finishers whose team did not qualify for the state meet will also qualify.
3. If an athlete has not qualified for the state meet based on the 2nd and 3rd items above, but finishes in the top 10 at the district meet, he is eligible to participate in the state meet.
4. The district host is responsible for filling out the state qualifiers form for the state meet. Information on this has been already sent out to each district host. Please make sure prior to leaving the district meet you touch base with the district host and double check the state qualifiers.

