**Gadsden isd junior varsity Track & Field Invitational**

Santa Teresa High School

100 Airport Road

Santa Teresa, NM 88008

Wednesday March 11, 2020

The Gadsden ISD Junior Varsity Track and Field Meet IS NOT a State-Qualifier. The meet will be **only Junior varsity** in **two** divisions: Boys and Girls. The running events are Finals Only. The field events will begin promptly and will follow the schedule provided. Athletes must check-in at the site when clerk calls. The schedule for running events will be run as per the schedule provided.

**Rules:** NMAA and National Federation rules will apply.

**Scoring:** The meet will not be scored (There will be no medals and no trophies)

**Running Events Order:** Girls followed by Boys

**Field Events Order:** Follow the provided schedule

**Uniform:** Please ensure that athletes are in compliance with uniform and jewelry rules.

**Spikes:** Short spikes (1/4”) or less required.

**Go Marks**: Use tennis balls, rubber throw downs or tape to mark track or runways. No other marking instruments will be allowed.

**Blocks:** will be provided.

**Entry Format:**  3 entries per team per event, 1 relay per event, per team.

Entries will be accomplished using Runnercard – (www.runnercard.com).

 All entries are due by Monday, March 09, 2020 at 6 P.M.

 **NO LATE ENTRIES WILL BE ACCEPTED!!!**

A **contestant may enter a maximum of 5 events**. Not more than 4 may be track events or nor more than 4 may be field events. No more than three of the four running events may be 800 meters or longer.

\*In the situation where confliction of events occurs with the entries of an athlete, running events will take precedence over field events. Every reasonable attempt will be made to allow for athletes to be able to participate due to the distance they must travel between the running/jumping and throwing areas, however running events will run on time, no delays. If an athlete will be participating in a both running/jumping & throwing event, arrangements can be made for them to take all of their throws/jumps out of order in order to make the running events.

**Field Events: 3 Throws, 3 Jumps**

**Starting Heights:** There will be no Pole Vault

High Jump starting height: Boys – 5’ 00” Girls – 3’ 50”

**Scratches:** Are from **8-8:30AM** then Coaches meeting in the **old gym** located behind the stadium’s press box. Scratches for the running events canbe made at that time. Scratches for the field events may be made at that time or will be made at the event site. There will be no adds only scratches. You will not be allowed to add or replace an athlete the day of the meet just scratch.

**Weigh-ins** – will be held outside the old gym where the scratches and the coaches meeting will take place. **All implements** **must** be marked before they can be thrown in competition. **Any implements not making weigh-ins will be confiscated** and may be picked up after the completion of the event.

**Access to Running and Jumping Events:** Only athletes, coaches and timers will be permitted in the stadium**.**  ***DO NOT JUMP FENCE IN FRONT OF STANDS*,** possible disqualification may result. All parents and spectators **must** remain in the stands. Violators will be escorted off the competition field and possible disqualifications may result. Please help us to observe this requirement which is essential for a well organized meet.

**Check-in:** Running events-Athletes will report to the check in area as they are called.

**Parking**: Enter the school using the school’s main entrance located on Airport Road. The student’s parking lot will be the designated parking lot for buses and spectators.

**Tents: MUST BE AT TOP OF NORTH BLEACHERS ONLY**. No tents will be allowed in any other location. We would appreciate it very much if you would keep your team camps in the bleacher area and keep them clean. We will provide trash bags if you need them. Thank you very much for your help on this. Welcome to our meet!

**Security:** Guards will be present to ensure the safety of all involved

**Awards:** No awards will be provided

**Concession Stand:** will be available.

**Meet Director Contact Information:**
  Name: Karen Nougues (GISD) Name: Coach Fernando Hernandez (CHS)
    Phone: 575-644-3958 Phone: 915-407-9882
  Email: knougues@gisd.k12.nm.us

Name: Coach Shane Smyth (GHS) Name: Epifanio Solis (STHS)

Phone: 575-639-5145 Phone: 915-200-9480

 Email: esolis@gisd.k12.nm.us

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 **Scratch Meeting: 2:00-2:30 pm (Old Gym)**

***Running Events- All timed finals***

**Meet time Gender Event**

3:00 pm Girls 3200m

 Boys 3200m

 Girls 400m relay

 Boys 400m relay

 Girls 100m hurdles

 Boys 110m hurdles

 Girls 400m dash

 Boys 400m dash

 Girls 100m dash

 Boys 100m dash

 Girls 800m relay

 Boys 800m relay

 Girls 800m run

 Boys 800m run

 Girls 300m hurdles

 Boys 300m Hurdles

 Girls Medley relay

 Boys Medley relay

 Girls 200m dash

 Boys 200m dash

 Girls 1600m run

 Boys 1600m run

 Girls 1600m relay

 Boys 1600m relay

***Field Events – Finals (Girls Followed by boys)***

**Meet Time Gender Event**

3:00 pm **High Jump**

 Girls followed by Boys

 **Long Jump followed by Triple Jump**

 Girls and Boys

 **Discus Throw**

 Girls followed by Boys

 **Shot Put Throw**

 \* Boys Followed by Girls

 **Javelin** (Right after the conclusion

 of shot and discus)

 Girls followed by Boys)

**Work Assignments:**

Gadsden High School: Long Jump, Triple Jump,

 and High Jump

Chaparral High School: Javelin

Santa Teresa High School: Shot Put Throw and

 Discus Throw

Start and Finish Line: Coach Solis, Coach Hernandez, Coach Smyth