**2018 Mountain Valley Invitational- SCHEDULE OF EVENTS (3/23)**

**Coaches Meeting:**

**1:30 PM COACHES MEETING AT THE FINISH LINE:**

Minor schedule adjustments, emergency scratches, exchange zone assignments, and designate Games Committee. No additions or substitutions will be allowed at this time.

## Order of Running Events:

**\*First Running event starts at 2:00 PM sharp.\***

**\*\*All Running events will be TIMED FINALS.\*\***

**\*\*\*All Running events will go Girls followed by Boys.\*\*\***

* 100 Meter Hurdles / 110 Meter Hurdles
* 100 Meters
* 1600 Meters
* 4 X 100 Meter Relay
* 400 Meters
* 300 Meter Hurdles
* 800 Meters
* Medley Relay
* 200 Meters
* 3200 Meters
* 4 X 400 Meter Relay

## Order of Field Events:

**\*Field Events will begin promptly at 2:00 PM.\***

**\*\*Throwers and Jumpers will be allowed three attempts.\*\***

**\*\*\*The Top nine athletes advance to finals for an additional three attempts for Discus, Javelin, Long Jump, and Shot Put.\*\*\***

* Discus (Boys followed by Girls)
* High Jump (Boys followed by Girls)
* Javelin (Girls followed by Boys)
* Long Jump (Girls followed by Boys)
* Shot Put (Girls followed by Boys)